

WELCOME RICK RAUSCH MESSAGE FROM THE PRESIDENT



Rick Rausch

Welcome to our first newsletter of 2014. Happy New Year to everyone.

As your new Board President, I first want to thank the outgoing Board members for their work on behalf of our Association in 2013. That includes Vi Daley as President, Jeff Smith as 1st VP, Rick Hyer and Alan Lougee as Directors. 2013 would not have been as successful for the Association without their leadership and efforts.

I also want to acknowledge and thank all those who were involved in organizing the Annual Dinner & Meeting on January 28th.

As always, the food was great and the conversation was lively. And let's not forget about the 70 plus members who came out on a subzero night for this event. That is dedication to the organization.

Many of the faces at the Annual Meeting were new to me because I am fairly new to OTTA, but my wife and I are not new to what we have always called the broader Old Town neighborhood. We have lived just west of the Triangle's boundaries since we first rented on the 1700 block of Hudson in 1976. We lived on the 1700 block of North Cleveland and also at several addresses on 1700 and 1800 Mohawk until we moved into the Eugenie Terrace Townhomes in 2010. After 3 years on the Condo Board, I decided it

was time to volunteer for the OTTA Board and get back into giving my time for the neighborhood. I spent several years on the Lincoln Central Board of Directors and came to appreciate that this south end of Lincoln Park is so special because of the efforts the residents put into their neighborhood. For OTTA, that of course includes the Art Fair, but it also includes the efforts with our trees, monitoring zoning issues, garbage cans and much, much, more. And our Neighborhood Association is the vehicle that allows each of us to influence and work towards a better neighborhood. Our Art Fair is the granddaddy of Art Fairs, and OTTA is the granddaddy of Neighborhood Associations in Chicago. I don't think any other Association has the size and influence on a neighborhood like OTTA. I am very excited to be part of this organization and involved in working to maintain and improve the best neighborhood in Chicago.

I also want to welcome some new members to our Board and some returning. Robert Jones is our new 1st VP and Diane Gonzalez and Chris Huff are new Directors. Karen Pfendler will return as your Secretary and Claire Leaman will also return as your Treasurer. We will join our remaining Board to represent your interests and the interests of our neighborhood in 2014.

Stay warm and let's all hope the next time the newsletter comes out the pansies are in our flower boxes. ❄️

Best Regards, Rick Rauch, OTTA President



Patrons' Choice Barcelona Prize Announced. Recognition Continues. First Sight Venue Chosen.

By John Knoche, OTTA Treasurer and Chairman, OTAF

For the 2014 OTAF (June 14-15) we are pleased to announce the *Patrons' Choice Barcelona Prize*. In addition to our eight cash awards to artists, attendees of the Fair will get to vote for their favorite artist. The winner will receive a trip to Barcelona, Spain (airfare and accommodations as well as passes to the Museu Picasso, Fundació Joan Miró, and Park Güell by Antoni Gaudí). A matching prize will be awarded to an attendee who casts a ballot. Sponsors for the promotion are Second City Training, Treasure Island, Michael Garzel Design, *Instituto Cervantes*, and Phil Stefani's.

Recognition for the 2013 OTAF continues. **BizBash**, the leading trade media for the event industry chose the OTAF as one of the top events in Chicago for 2013. **CBS's Western Michigan affiliate, WWMT** identified Old Town as a "featured destination" for its "Road Trippin'" show. They were in town to shoot footage at Twin Anchors, Second City, and to interview an OTAF volunteer at the OTTA. Art Fair Source Book chose the 2013 Art Fair as one of the top 10 Fine Art Fairs in the country. The **Art Fair Calendar Reader Survey of America's Best Art Fair** picked the 2013 OTAF as one of the top 3 art fairs in the country. Their quote: *In the Old Town Triangle neighborhood this fair is Chicago's favorite. Survey says: "Quality art, in a beautiful neighborhood." "The variety and quality of artists is especially good, continually changing." "The added benefit of*

the architecture/historic neighborhood and the walking tour of hidden gardens, makes for a very family-friendly art fair."

We are changing up the First Sight event for 2014. Instead of the busy Friday night before the Fair we are moving it to the Saturday a week before the Fair – June 7. Many of the volunteers for the Fair could not attend the event because they had such early commitments the following morning. In addition, we are taking advantage of the generous donation by *Instituto Cervantes*, a cultural arm of the Spanish government, to use their venue located at 31 W. Ohio. They have a professional theater with great acoustics for the live auction event and we can bring in our own caterer (which should mean more and better food!). So all of you who have said you can't attend First Sight because you have to get up early for the Fair (yes, I am talking to you Dan Baldwin and Jeff Weaver), mark your calendars.

Last but not least, neighbor Steve Ivankovich (or as I prefer to call him, Jay Gatsby without hair) has joined the team as official vice-chairman of the 2014 OTAF and presumptive general chair of the 2015 Fair. Steve will be joining all our committed volunteers as well as my "not really co-chair, co-chairs" Martha Connolly and Corinne Rohr in implementing the great plans we have for 2014 and beyond. Welcome Jay, I mean Steve. ❄️

NEIGHBOR SPOTLIGHT | Monika & Henry Betts: A Love Story About Living Life Meaningfully

By Diane Fitzgerald (Triangle resident since 1997)

When Henry and Monika met in 1969, he was an established physician in rehabilitation medicine and she was mastering English as her third language with her clients. Both had childhoods – his in New Jersey then Florida and hers in East Berlin – that exposed them to racism, anti-Semitism and disabilities, which shaped their lives forever.

Henry travelled the United States earning his degrees at Princeton and University of Virginia before starting his residency at NYU in the relatively unknown field of physical medicine.

Encouraged by her mother on the day The Wall was built in August 1961, Monika travelled the world, leaving Germany when she was 18 years old. Seeing that she had a travel bug, her wise mother urged Monika to steer away from her natural tendencies for mathematics and engineering and focus on a career that was completely transportable, from one country to the next. By 1964, Monika arrived in the US without any English but with exceptional experience as a hairdresser. Which is how she met Henry.

Weesie Bross was a client of Monika's who thought Henry and she would hit it off. They planned their first date but Monika couldn't help but notice that the date was six weeks away from when Henry called to make plans...and then he was hours late to the date! Weesie & John Bross and Monika were having a delightful time when Henry finally arrived at The Mannequin's Ball black tie event, which got Henry's attention in a very good way – Monika was having fun despite his faux pas!

In 1970 they got married and lived at 1130 N. Lake Shore Drive before finding the property of their dreams in the Old Town Triangle. They bought one of four garages on the 1700 blocks of Orleans and North Park in 1973 and transformed it and the adjoining alley into a beautiful townhome with a stunning southern exposing courtyard garden, which they continue to enjoy to this day. The neighborhood was in transition in the mid-1970s, too, with Alderman Barr McCutcheon changing traffic flow directions on several key streets in the Triangle to keep the customers of the Wells Street bars and sex shops away from "the village", as many new residents were calling the Triangle. Perfect timing as The Betts welcomed daughter Amanda in 1977. Before long, Monika was fully engaged in neighborhood activities including being President of the OTTA, board member and volunteering for the Old Town Art Fair.

The proximity of the Triangle to the Rehabilitation Institute of Chicago was key in their decision to move there.



Henry, Amanda & Monika in 1984

Founded in 1954 in a renovated warehouse on Ohio Street, Henry came to RIC in 1963 and was directly responsible for advancing the medical mission of the Institute, construction of RIC's Flagship Hospital, direction of Institute research along with training education and advocacy for those with disabilities. Henry's influence in the world – our world as we know it today – was far-reaching and profound. He worked tirelessly to shape a better life for the 54 million Americans who have disabilities. Ahead of his time, Henry shaped the thinking of physicians & nurses and communities around the idea of integrating people with disabilities back into those communities with services and goods that enabled them to lead independent and productive lives.

Henry & Monika have travelled the world all of these years, mostly spreading the word about the work of the Rehabilitation Institute – in between his work and her volunteering & fundraising and their family. Without knowing the details, I guess we know why Henry was late for that first date!

Writer's Note: Visit <https://www.youtube.com/watch?v=mFaPXE2oL4> to view a 2009 video tribute to Dr. Henry Betts, who "retired" from RIC in 1998. And be sure to read longtime Triangle resident and historian Shirley Baugher's *At Home in Our Old Town: Every House Has a Story*, pages 76-79 for more about Henry, Monika and Amanda. ❄️



Garages that would become townhomes, on Orleans in 1973. Monika & Henry transformed the property on the right.



The Betts Home as it looks today.

GRANTS AWARDS SPOTLIGHT | THE FRIENDS OF LASALLE & THE OLD TOWN TRIANGLE

By Percy Wang, LaSalle PTA President



Hands-on Ceramics Residency



Students working-Ceramics Residency

Friends of LaSalle was created in 1984 as a non-profit organization to promote and bolster the educational experience at LaSalle Language Academy, a Chicago Magnet public elementary school. As a highly rated Magnet School, LaSalle had 3,318 applicants for 68 spots for the 2013-14 school year. While many families come to LaSalle for its top-notch education, multiple language programs, and student diversity, many are surprised by the school's Fine Arts program. For the past twenty-six years, the generous donations and support of the Old Town Triangle Association in partnership with Friends of LaSalle has made the program what it is today.

Over the last five years, Friends of LaSalle has worked with Madame Heurtefeu, the school principal, to develop a comprehensive Fine Arts program via residencies and grade level workshops. School-wide residencies in the past have included Bookmaking, Drama, Architecture, Music Composition, Dance, and Ceramics. Grade level workshops take place throughout the year and supplement the curriculum of each individual grade. Workshops have included: Swing Dancing, Second City Improv, Charles Dickens Literacy, and Mask Making, to name a few.

According to Fine Arts Committee Co-chairs Paige Ben-Dashan and Julie Ganey, "LaSalle's Fine Arts programming connects our students with artists from our Chicago community. Our students have had the experience of hands-on workshops with professional artists and performing artists including illustrators, dancers/choreographers, photographers, architects, actors, authors, beat boxers, etc. Not only have we brought the artists to LaSalle, we have arranged for our students to venture outside of our school to visit artist studios, recording studios, live performances and museums for the full experience."

Historically, art and music are typically among the first programs to be eliminated when school budgets are cut. The annual grant from the Old Town Triangle Association has allowed the Friends of LaSalle Fine Arts Committee to continue offering stimulating school-wide residencies, curriculum enhancing classroom workshops and demonstrations, and fine arts based school-wide assemblies and presentations.

LaSalle Language Academy is forever grateful for the generous contributions and support provided by the Old Town Triangle Association. ❄️

COMMUNITY NEWS | THE LITTLE FREE LIBRARY PROGRAM & READING AT LINCOLN ELEMENTARY SCHOOL

By Diane Fitzgerald (Triangle resident since 1997)



5th grader Rome Thorstenson, taking and leaving books at Lincoln's log cabin little library, read 275 hours in Summer 2013 (thats 10.70 full days of reading!)

There is a worldwide social enterprise movement going on that was started in Hudson, Wisconsin in 2009 with a model of a one room school house and books. In a few short years, the Little Free Library's humble beginnings grew into a network of more than 10,000 little libraries – and we have one located at Abraham Lincoln Elementary School (615 W. Kemper Place, Chicago 60614 just north of Belden at N. Geneva Terrace)!

How we got that little library is a story about summer, reading and engaging kids. Statistics show that kids can lose 25% of what they've learned throughout the school year if they don't keep reading over the summer – and this is cumulative! In 2010, parent Kim Morrow created the I Scream 4 Reading program at Lincoln, a combined summer reading initiative and student-driven fundraising project that works a lot like a walkathon – students seek sponsors to support their summer reading goals (number of hours reading) and once the goals are achieved, they collect donations from their sponsors. In its first summer, Lincoln had 200 students participating, reading and raising \$60,000! Compare that with the school's more traditional fundraising events that raised \$25,000.

Triangle resident and parent Trigg Thorstenson got involved with Kim and I Scream 4 Reading by making the plaques awarded to students reading 100 hours or more during the summer. It was

(Continue on page 4)

clear there was a mini-movement going on at Lincoln – a love of reading. So to keep the enthusiasm for reading year-round, Trigg decided to explore the concept of the Little Free Library and thought it was the perfect fit for Lincoln and the community.

He got wood from an old tobacco farm in Virginia and started building a miniature house, modelled after Abraham Lincoln's boyhood home. The 200 roof shingles were all hand cut. It was installed in June 2013 and the "grand opening" of the little library kicked-off the summer's reading initiative. The sturdy, waterproof Little Free Library houses 40-50 books when full. It is never closed!

The concept is to promote literacy and the love of reading with this free book exchange – you take a book to read and leave a book for others to read. As word spread about this exchange, activity at the Little Free Library increased. Today, it is very active with students and neighbors engaged in a shared love of reading.

COMMUNITY CORNER | Compiled By Diane Fitzgerald (Triangle resident since 1997)

THE MIDWEST BUDDHIST TEMPLE, good neighbor since 1948 and located at 435 W. Menomonee Street, is having a Legacy Garden Benefit Concert on Sunday, March 9th featuring Paddy Homan, Dennis Cahill and Teresa Shine with Ho Etsu Taiko at two performances – 12:30pm and 4pm. Advance tickets are \$30 and available through eventbrite.com or at the Temple office. Tickets at the door are \$35. For more information call 312-943-7801 or visit <http://www.mbtgarden.org/events/>. To learn more about the beautiful Legacy Garden project, visit <http://www.mbtgarden.org/>.

Have you been to **WALGREENS** at North & Wells lately? They've had a major facelift and revamping of their space and ideas about today's version of a "pharmacy". The store at 1610 N. Wells Street is a concept store for Walgreens, testing the market's reactions to new approaches to old things and introducing innovative offerings. Why that store? Because of the traffic, demographics and hours – open 24 hours (although the pharmacy's hours are 8am-10pm). In addition to their "grocery store", the Zen Balanced Living "wellness" area of the store has many surprises, including a registered dietician and **massage services**. After one of our regular snow storms in December, I was there shopping for vitamins when I was greeted by massage therapist, Michael Humble. After an explanation of their concept – mini-massages of 5-10-20 minute durations – and thinking about my "sprained" lower back muscles from all the shoveling I had done recently (despite our co-owned snow blower), I had a 20-minute massage. Heaven, sheer heaven. Just like in airports around the world, the massage took place in full-view of customers and on a portable massage chair. I was fully clothed, minus my coat. Twenty minutes came and went in a flash. I've been back several times since then. Their neighbor-friendly hours are 11am-7pm, 7-days/week. No appointment needed...yet!

Did you know that a great source of neighborhood news is **DNAinfo.com**. Sign up for the Lincoln Park & Old Town daily newsletter, which is delivered to your email inbox each morning, by visiting <http://www.dnainfo.com/chicago/lincoln-park-old-town>. A nice balance between human interest/people/lifestyle stories and need-to-know information makes this a valuable resource.

Looking for a space to host a party close to home? **ST. MICHAEL IN OLD TOWN** (www.st-mikes.org/), rents out their café space. For information about this contact Christine (312-642-2498, ext. 301; ckordiuk@st-mikes.org).

Our **CHICAGO POLICE DEPARTMENT'S 18th DISTRICT** holds CAPS Meetings (Chicago Alternative Policing Strategy) for the 10 Sector which includes Beats 1811, 1812, 1813 and 1814. These meetings are held at the Old Town Triangle Center – 1765 N. North Park Avenue – on the second Thursday of every odd month. Mark your calendars for the next meeting on **THURSDAY, MARCH 13th at 7pm**. Come meet your Beat Officer, discuss current crime trends and share ideas for problem-solving in our neighborhood. For more information, call the Precinct at 312-742-5870 or visit <http://ward43.org/2012/12/18/changes-to-18th-district-caps-meetings-for-2013>.

Don't forget to consider becoming a **COURT ADVOCATE**, a neighborhood volunteer who attends court hearings, a strong indication to the judge, attorneys and defendants that we will not tolerate crime in our neighborhood. Volunteer to work with other community members tracking court cases and attending judicial hearings. Next 18th District Court Advocacy Orientation & Training is on **Tuesday, February 11th, 6:30-7:30pm** at the District's headquarters at 1160 N. Larrabee at Division, across from the new Target. Contact Officer Joe Incaprerá (312-742-5778 direct) for more information. Or RSVP to CAPS018district@chicagopolice.org.

We have an amazing women's couture shop in our midst – that of **Katrin Schnabl** and located at 524 W. Eugenie Street at Mohawk, and our newest OTTA member! Stay tuned for more about her and her team in our next newsletter. In the meantime, [visit http://katrinschnabl.com/](http://katrinschnabl.com/) to see what her spring/summer season has to offer! ❄️

CALLS TO ACTION | By Phil Graff (Triangle resident since 1985)

The City of Chicago's snow-related ordinances are posted at www.cityofchicago.org/cdot/snow and I've put together a quick checklist of Calls to Action. As the temperatures out there approach absolute zero and worse, we should be ever mindful to:

- Check on neighbors - especially elderly neighbors who might find this weather particularly challenging/dangerous.
- Shovel your sidewalks. City ordinance requires property owners to clear their sidewalks after a snowfall of 2+ inches.
- If shoveling snow is a practical problem the City of Chicago has a Snow Corps Program connecting snow shoveling volunteers with those unable to shovel their sidewalks. (More info on this program is also on the City's website)
- Keep sewers clear so they can serve their purpose (if and when it gets warm enough for snow to melt).
- Report dangerous conditions like rim bending potholes that are hard to avoid to either 311 and/or your alderman's office.
- Avoid shoveling snow into the streets (a particular temptation if you live on a street without a parkway - believe me, I know).
- Have a heart. Please be considerate of our canine citizens. try to use pet friendly melting compound when/wherever possible.
- Oh! And remember: friends don't let friends kiss flagpoles.

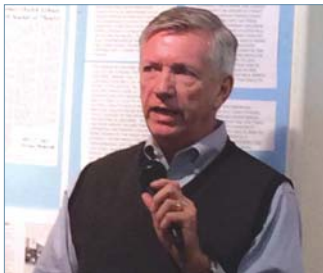
Until next time, Mush! ❄️

PHOTO GALLERY | Annual Dinner & Meeting, Tuesday, January 28th

Anne Giffels and her Events Team, including Sherri Kramer, hosted a fantastic Annual Dinner & Meeting with a sampling of the Triangle's great restaurants and food emporiums. The meeting included voting, updating us on the OTAF and saying farewell to the outgoing Board Members & Directors and welcoming our incoming leaders. ❄️



More than 80 people attended the Dinner/Meeting



Incoming president, Rick Rausch



Vi Daley, Diane Fitzgerald & Robert Gibbs



Outgoing Board members Jeff Smith, Rick Hyer, Vi Daley and Alan Lougee



Martha Connolly updating the membership about the Fair



Cheers to Leslie Wolfe, who makes our lives better every day!

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A FAREWELL TO NANCY HEGGEMEIER VAN PELT, 1953-2014 | By Michael Warnick (Triangle resident since 1984)



Nancy Heggemeier

Nancy Heggemeier Van Pelt passed away in her home on January 13th, 2014 after a brief illness.

Nancy was an accredited yoga instructor and shiatsu practitioner. Nancy was a certified teacher of Hatha Yoga, and taught for nearly 30 years, many of those years at the Old Town Triangle. She not only taught yoga and meditation, but also shared chanting, mudras, and rituals for nearly 3 decades with students individually and in groups. Nancy specialized in teaching yoga and meditation for seniors. In addition to teaching at the Triangle, Nancy also taught at Heiwa Terrace Retirement Community, White Crane Senior Center and Wellness Center, Grant Hospital, and The Temple of Kriya Yoga.

Her classes were described by some of her students as welcoming, friendly, restorative, and re-energizing. "Her positive outlook was infectious," said Nancy Kelly. "When there were complaints of rain, she would point out how it cleansed and purified the city. When the garbage trucks clanged loudly and grinded outside of class, she'd remind us of how lucky we were to have such services. Snowstorms were beautiful and gray days were dramatic."

"Nancy loved chants and tried to teach us several to varying success," remembers Reven Fellars. "One of her favorites was 'I Am a Part of All I See' written by a friend. It really did not matter that our voices were out of sync or mismatched, the resonance and tone of those voices together was powerful. She was a wonderful instructor."

Nancy graduated from the Temple of Kriya Yoga Seminary in 1998 and was ordained as Swami Umananda. In addition to her teaching, she officiated at weddings, funeral services and house blessings. Nancy belonged to a group of women swamis who began meeting in 2001, and helped form and co-lead the Open Heart Circle Meditation group.

Always an artist, she painted portraits and beautiful scenes from places she visited in her travels. Her work was shown at the Old Town Triangle and Heartwood Center in Evanston. She also crafted jewelry, and once taught art in the Ottawa Public Schools.

Nancy is survived by husband Richard Van Pelt, daughter Alison, and son Michael. A Celebration of Life service was held on January 25th. Memorials: American Cancer Society.

Contributing: Richard Van Pelt Family, Reven Fellars, Nancy Kelly, Jane Cahill, Sharon O'Brien ❄️

COMMITTEE NEWS

MEMBERSHIP COMMITTEE | Karen Pfendler, OTTA Secretary & Chair of the Membership Committee (Triangle resident since 1950)

The Old Town Triangle Association welcomed 71 new members in 2013. We are so happy they chose to become part of our OTTA family. Several of these new members are recent additions to our iBOT program. Make sure you visit our web site to see the growth of our iBOT merchant participant list. Below are the names of our new members in alphabetical order. *Happy New Year to everyone!* ❄️

Sandra M. Adams	Joseph & Melina S. Collins	Pat Hertel	Paul J. Leaman Jr.	Rick Rausch
Susan Armstrong Arends	Mary Crilly, Caitlin Curtin	Brian Hettinger	Nancy J. Lerman	Lisa Reichert
Jane Bachmann	Carol Drensky	Patricia Iovinelli	Marya Lucas	Antonio Renna
Petula Bay	Meredith M. Dyтч	Robert & Merri Jones	Joy Marks	Erin Roberts
Mary Blinn	Wendy Engel	Jessica Jones	Barry Missner	Katrin Schnabl
John Bobowski	Susan Gibson	Nancy Kintzel	Laura Mongello	Sondra Sellars
Dan & Jen Boehnen	Carolyn Giles	Katie Koenig	Mary Ellen Moore	Shelby Silvernell
Gabriella T. Boros	Madeleine C. Glossberg	Jonathan Kooker & Tiffany Tavolino	Bruce A. Neumann	Matthew Smith
Valerie Brod	Steven Green	Michael Kornick	Tim Newkirk	Sherwood Snyder
Dane & Michelle Carr	Josef Guzowski	Lily Lihting Likostrezewa	John O'Brien	Kathleen Tobin
Gerard Charles	Janeen Hayward & Mark Koenig	Michael Kostrzewa	Christina O'Connell	Santiago Valdez
Binita Choksi	Maureen Herlehy	Mary Krupka	Vasumati Patel	Scott & Peggy Williams
John & Brita Collier			Louise Pauly	

PHOTO GALLERY | Annual Dinner & Meeting (Continued from page 5)



Vi Daley addressing the membership



The crowd – peace, Sharon O'Brien



Karen Pfendler overseeing the elections

OTTA Calendar

FEBRUARY

Now – March 6th – 9 p.m.

TRANGALLERY EXHIBITION
OLD TOWN PLACES REVISITED

Tuesday, February 11th, 7 p.m.

BOARD MEETING

Thursday, February 14th

VALENTINES DAY

Monday, February 17th, 7 p.m.

NEIGHBORHOOD IMPROVEMENTS COMMITTEE
PRESIDENTS DAY

Tuesday, February 18th, 7 p.m.

HP&Z COMMITTEE

Tuesday, February 25th, 6:30 p.m.
MARKETING & COMMUNICATIONS COMMITTEE

MARCH

Sunday, March 9th, 2 – 5 p.m.

GALLERY RECEPTION
NORMAN BAUGHER QUARTON
EXHIBITION: MARCH 8TH – APRIL 2ND

DAYLIGHT SAVING TIME BEGINS

Tuesday, March 11th, 7 p.m.

BOARD MEETING

March 15th – 23rd 1:30 p.m.

CHICAGO FLOWER & GARDEN SHOW
NAVY PIER
WWW.CHICAGOFLOWER.COM

Thursday, March 13th, 7 p.m.

OP&S TRANGECENTER

Monday, March 17th, 7 p.m.

NEIGHBORHOOD IMPROVEMENTS COMMITTEE

Tuesday, March 18th, 7 p.m.

HP&Z COMMITTEE

Tuesday, March 25th, 6:30 p.m.

MARKETING & COMMUNICATIONS COMMITTEE

NEWS YOU CAN USE Foodbytes

By Diane Sokolofski (Culinary Professional and Triangle resident in 1969-1970 and from 2006 to the present)

With the start of each New Year, food trend spotters attempt to predict the "hot food picks for 2014". Test your foodie IQ and palate with these 5 food words that match some of the trends for 2014.

Bold spicy flavors are in, the more exotic the better and za'atar is one of them. Popular in the Middle East and Mediterranean, za'atar is a pungent, aromatic spice blend of toasted sesame seeds, dried thyme, dried marjoram and sumac. Mix it with olive oil and salt and serve it with warm flatbread. Sprinkle it over meats or vegetables as a seasoning or mix into ground lamb meatballs. Israeli style za'atar available at the Spice House at 1512 N. Wells where they blend their own in house.

Citrus is everywhere with varieties like blood oranges, satsumas and Meyer lemons served sweet or savory. Pomelo (also spelled pommelo or pummelo) is appearing in markets. This giant citrus fruit native to Malaysia and also grown in California, is thought to be an ancestor of grapefruit. It looks like a very large grapefruit, yellow in color, but with a very thick skin. It ranges from juicy to slightly dry and sweet to tangy tart in flavor. It is available at Plum Market at 1233 N. Wells and Whole Foods.

Global sauces with complex flavors are everywhere from harissa and sriracha to moles. Chimichurri is a favorite and as common in Argentina as ketchup is in the US. It is a mélange of olive oil, vinegar and finely chopped parsley, oregano, onion and garlic, seasoned with

cayenne and black pepper. It can be made with cilantro substituted for the parsley. It's a must with grilled meats and tastes great on burgers or tossed with steamed red skinned potatoes. Chimichurri is freshly prepared at Catering Chocolate at 1712 N. Wells.

Cured, preserved and smoked meats are making the way on menus with chefs doing their own charcuterie specialties in house. Salumi is a family of "Italian style" cured or preserved meats, typically pork. Included in the many salumi are prosciutto, pancetta, guanciale, coppa and caecollo. Salumi refers to meat that has been salt-cured, smoked or preserve in fat, as well as pates and cooked sausage. Some have casing and some don't. Try some house made salumi at Old Town Social Club or Perennial Virant.

Fermented and pickled foods like sauerkraut and pickled beets are taking center stage on menus. Kimchi, the Korean born pickled and fermented condiment, dates back to 7th century as a way of preserving mild tasting vegetables. In the 16th century chilies were added. Kimchi is a pungent, spicy hot condiment served at almost every Korean meal. It is popping up on more Asian-inspired menus, as well as with health food enthusiasts who eat it for its probiotic benefits. It is comprised of cabbage, carrots, radishes or turnip and flavored with garlic, ginger and green onions. Serve it with meats, rice, as a sandwiches topper, or stir into soups. ❄️

Bon appetit!



Za'atar



Baskets of Pomelo

ST. MICHAEL IN OLD TOWN 9TH ANNUAL "SPRING FLING" GALA CELEBRATION



All are welcome to attend the St. Michael in Old Town 9th Annual "Spring Fling" Gala to be held on Saturday evening, **April 26, 2014** at the Crowne Plaza Hotel, located at 733 W. Madison Street – Chicago (valet parking available). This exciting evening includes cocktails, hor d'oeuvres, table wine, dinner, silent auction, live auction and a 50/50 raffle. Dancing and music by The "New Odessey Band". The St. Alphonsus Liquori Award will be presented to Fr. Joseph Morin, C.Ss.R. that evening as he celebrates 50 years as a Redemptorist priest. The Tony Berent Awards will also be presented that evening to Tom and Wendy McNulty and Karen Rabun. These parishioners have exhibited selflessly of their time and talents for years to enhance the different aspects of the church. Individual ticket price is only **\$150 per person**. Tables of 10 also available. Contributions are tax deductible with 100% of the net proceeds going to St. Michael's Restoration Fund. For further information call St. Michael's at 312-642-2498 or visit our website at www.st-mikes.org. ❄️



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ESTABLISHED IN 1948

The Old Town Triangle Association TIMES is published by the Old Town Triangle Association Communications Committee.

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OFFICE HOURS

Tuesday through Friday--
10:00 a.m. to 5:00 p.m.

Saturday
10:00 a.m. to 1:00 p.m.

Please feel free to contact Leslie Wolfe
at the office during these hours.

OFFICERS

RICK RAUCH, President

ROBERT JONES, First Vice President

JOHN KNOCHE, Second Vice President

KAREN PFENDLER, Secretary

CLAIRE LEAMAN, Treasurer

DIRECTORS

ROBERT GIBBS

ANNE GIFFELS

DIANE GONZALEZ

LANCE HORNADAY

CHRIS HUFF

DAVID PFENDLER

OUR MISSION STATEMENT

The Old Town Triangle Association is a non-profit organization dedicated to the promotion and support of the arts and culture in the Old Town Triangle area. We strive to provide a platform for local artists and performers to showcase their talents and to foster a sense of community and pride in our neighborhood. Our mission is to create a vibrant and thriving arts and culture scene that enriches the lives of our residents and visitors alike.

Old Town Art Center Gallery



Old Town Players - Revisited

An Exhibition of The Players' Illustrious 49 Year History

January 18 - March 5, 2014

Ovation | New Paintings by Norman Baugher

Opening Reception: Sunday, March 9 2pm-5pm
Exhibit continues through April 4

Baugher on Baugher: Emergence and dualities, ancient and modern, are underlying elements in my work and suit my personal aesthetic. The most abstract of these ova pieces borrow little more than the shape of eggs. Others push the illusion toward an imitation of the natural world, but with a twist. Nabokov, a surrealist whose work, especially Pale Fire, influenced Ovation. This play with the word shade influenced my use of shadow play in many of the egg paintings.



"Echoes of Mass and Light"